



Healdsburg Fall Soccer 2020: Program Safety Protocol

Community Services staff is closely monitoring safety protocols set in place by the Sonoma County Health Officer, California Department of Health, Centers for Disease Control (CDC) and communicating with regional youth sports providers to ensure we operate according to the current guidance. These protocols are subject to change as additional health orders and/or guidelines are released.

To minimize the risk of COVID-19 transmission we have added procedures for coaches, volunteers, and families to follow. We realize this will not be a regular soccer season and this program may not be for everyone. Please read this carefully and discuss with your child prior to registering.

Program Structure

- Four-week program, with two 45-minute training sessions each week per team.
- Training sessions will be focused on drills, skill development, and socially distanced team-building. **Scrimmages and games will not take place.**
- No direct physical contact between players, coaches, and volunteers.
- Each team will consist of 12 (or less) players and a consistent coach or coaches. Players will remain on the same team throughout the duration of the program and not mix with any other teams. **Switching teams mid-session will not be allowed.**
- All coaches will complete a training on health & safety protocols and best practices for running training sessions under these modified guidelines.

Safety Protocols

- Face Coverings – Participants are required to wear facial coverings when entering/exiting the field and whenever consistent distancing of 6-feet or more cannot be maintained. Coaches are required to wear facial coverings at all times.
- All coaches and players will complete a daily health screening, which includes a temperature check with a touchless thermometer and a verbal symptom questionnaire. Any child exhibiting a temperature over 100.4 degrees Fahrenheit or has signs of illness will not be allowed to participate in the program. Parents are asked to check their child for symptoms prior to sending them to the program each day. **If your child is ill or you suspect they may have had exposure to an individual with COVID-19, please keep them home.**
- Players and coaches will maintain a distance of 6-feet or more between one another while training. Designated training spaces will be marked on the field for each team and player.
- Each player will be provided with their own equipment, which will not be shared amongst other players.
- Parents and siblings will not be permitted to gather in the park or allowed in the training area. Parents are asked to remain in their vehicles or distanced away from the playing area and away from other families.
- A 15-minute buffer has been built-in between practice sessions to allow groups to enter/exit the field without overlap. If you arrive early, we ask that you remain in your vehicle or distanced away from the field until the previous group has left and your training session time begins.

Cleaning and Disinfecting Measures

- Hand sanitizer dispensers will be available at each check-in area of the field. All players and coaches will sanitize their hands upon entering/exiting the field.
- All players/coaches should bring their own facial coverings. Disposable masks will be available if a mask breaks or

is forgotten.

- Each team will be equipped with a “cleaning caddy”, consisting of supplies and disinfectants for regular cleaning and sanitizing of frequently touched areas and spot cleaning.
- Each player will be assigned their own equipment, which will be sanitized before and after each training session
- Players are encouraged to use the restroom before attending a training session. If a player does use a public restroom, proper hand hygiene will be required before returning to the field.

COVID-19 Exposure Protocols

If there is a suspected or confirmed case of COVID-19 in our program, the following steps will be taken:

- If an individual has a direct exposure with a confirmed COVID-19 case, the individual will be asked to stay home from the program until cleared to return by a medical professional. Other families within the team will be notified.
- If there is a confirmed COVID-19 case within a team, the entire team’s training sessions will be suspended until City staff is provided direction from the County Health Department. Based on the timeline and case specifics, this may result in cancellation of all of the team’s remaining sessions.

Community Services staff will continue to monitor health orders/guidelines issued by the State and County and the above protocol are subject to change. All changes will be in accordance with the most recent guidelines and will be communicated to participants and staff.

We than you for your cooperation and look forward to having a fun and safe soccer program!