

# Age-Friendly City Designation

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City Council Meeting

June 18, 2018

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# Age-Friendly City Designation

## Recommendation:

*Adopt a Resolution authorizing the application for Healdsburg to be designated a World Health Organization Age-Friendly City and become part of a global network of communities that are committed to giving their older residents the opportunity to live rewarding, productive, and safe lives*



# Background

- In 2016 the County of Sonoma joined the World Health Organization's Global Network of Age-Friendly Cities and Communities - “Age-Friendly Sonoma County” was created to help encourage and guide Sonoma County cities in becoming Age-Friendly
- Age Friendly Cities is an international effort launched in 2006 to help cities prepare for rapid age growth and the parallel trend of urbanization
- The U.S. Census Bureau estimated the percentage of individuals in Healdsburg aged 60+ in 2016 at 28.6%
- 10,000 Americans turn 65 each day through 2030

# An Age Friendly City

- Incorporates nine domains of livability:
  - Community connectedness, respect and social inclusion
  - Transportation
  - Varied housing options
  - Outdoor spaces and buildings
  - Employment, civic participation and financial security
  - Health and community based social services
  - Healthy living
  - Lifelong learning
  - Communication and information
- “Eight-to-Eighty”



# An Age-Friendly Healdsburg

- Includes older adults as vital contributing resources
- Promotes active aging by optimizing opportunities for health, participation and security as people age
- Allows residents to realize physical, social, mental and emotional well-being across their lifespan
- Provides services to meet the housing, transportation, healthcare and education needs of older adults in the community
- Increases and supports intergenerational connections



# Age-Friendly *Already underway in Healdsburg*

- Transportation
- Housing
- Intergenerational
- Inclusionary Services
- Isolation
- Walkability/Livability
- Lifelong Learning
- Planning



# Fiscal Impact

- The FY18-23 Community Services Capital Improvement Program includes \$25,000 in funding per year for ADA/Age-Friendly improvements.
- Additional funding is included in the Community Services operating budget as part of the Active Adult and Senior Services program.
- Other departments' activities and services also work toward being Age-Friendly (e.g. sidewalk repairs).

# Application & Designation

- Once submitted, the Age-Friendly designation application is a 2-3 month process
- Designated as an Age-Friendly City, Healdsburg will make a commitment to the 5 year cycle including 2-years planning and 3-years implementation/evaluation
- The Age-Friendly efforts already underway in Healdsburg will be submitted in the application process, assisting in the 2-year planning phase

# Senior Citizens Advisory Commission Recommendation

- The Senior Citizens Advisory Commission has identified an Age-Friendly City Designation as a goal for the upcoming year
- May 23, 2018: Reviewed the proposal and recommended that the City Council authorize the City to apply to receive the Age-Friendly City designation
- This designation is a commitment to our residents that the City will continue to work toward making Healdsburg livable for everyone from eight to eighty and beyond



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